

# The New Hope



The Newsletter of IONA-HOPE EPISCOPAL CHURCH MARCH 2020

**March 2020**

**WORSHIP SERVICES:**

**Saturday 5:00 p.m.**

Relaxed worship service with an emphasis on Healing including Holy Eucharist

**Sunday 8:00 a.m.**

Traditional Book of Common Prayer Holy Eucharist Rite I

**Sunday 9:30 a.m.**

Celebrate God's grace, goodness and gifts.

Our principal Sunday service is offered with joyful music.

(childcare, church school, healing)


**Tuesdays—9:30 a.m.**


Morning Prayer in Spanish

**Wednesdays**

**9:30 a.m.**

Holy Eucharist and Healing

\*\*\*\*\*  
*From the Rector*  
  
 Greetings. Lent is busy!  
 Often, we give up something for Lent. You know, as a way to develop discipline. There are the long-time favorites such as chocolate, alcohol, cursing or meat (at least on Fridays). Then, there are the more current ones like giving up Facebook.  
 This year, I have been tempted to give up Lent for Lent.  
 It comes during our "season" in southwest Florida, a time filled with tourists, sojourners and baseball. It is a busy time anyway and more so when you add the additional Lenten activities, journeys and planning for Easter.  
 Lent is busy!  
 I know that giving it up is not the answer. In some ways, it mirrors our daily lives. Life doesn't reserve additional demands for times when we have the least happening. We are faced with challenges throughout our lives, not just when we have the time and energy for them. Our task is to respond as best we can with the support of our community, be it our close friends, church or social network and God. We don't give up on life.  
 Instead of giving up, we hold on to hope, knowing that Lent does not go on forever. Rather, Easter is coming and will bring with it the reminder that nothing, not even death, has more power than God.  
 Not even Lent. Peace, Ray+

**LIVE  LENT**  
*listen and love*

\*\*\*\*\*

## Caregivers Connect

Caregiving for a family member either short or long term brings both challenges and rewards. Join with us as we explore how to support one another on this journey.

*Caregivers Connect* will meet again on Thursday, March 4th, from 9:30-11:00am and the **first Thursday of the month thereafter.** We look forward to this being an upbeat and supportive group for all. Group meets in the multi-purpose room.



Please visit our website

[www.ionahope.org](http://www.ionahope.org)

Bulletins, Newsletters, Schedules, Calendars, Weekly Readings, Daily Devotionals and Parishioner Resources are all available at the click of a button.

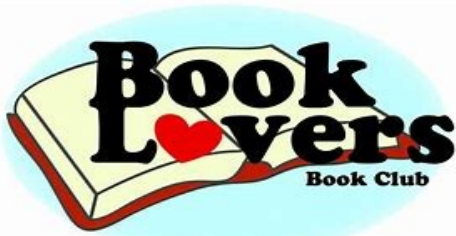


**Thursday, April 16th, 2020**

### **Something Rotten**

“The Producers + Spamalot + The Book of Mormon. Squared!” – New York Magazine. Set in 1595, this hilarious new musical comedy tells the story of brothers Nick and Nigel Bottom, two playwrights stuck in the shadow of the Renaissance rock-star Will Shakespeare. So desperate to write a hit play, when a prophet foretells that the future of theatre involves singing, dancing and acting at the same time, the brothers set out to write the world’s very first MUSICAL! *Something Rotten!* is a hilarious serving of entertainment and an irresistible ode to the dazzling creation of musicals.

To sign up for this performance please contact the church office during normal business hours (239) 454 4778, or by email at [office@ionahope.org](mailto:office@ionahope.org). Tickets are \$50.00 per person and payment is due when you call. Please do not put checks in the plate and expect to have a seat. You are not guaranteed a seat until you speak with someone in the office or send an email and you have received a response back.



## Iona-Hope Book Club

The next meeting of the Iona-Hope Book Club will be **Friday, March 20<sup>th</sup>** at 1:15 p.m. at the church. The book selected for March is “**Hillbilly Elegy**” by J. D. Vance (non-fiction – 264 pages). Mary Jane Buster will lead the discussion.

*Hillbilly Elegy: A Memoir of a Family and Culture in Crisis* is a chronicle by J. D. Vance about the Appalachian values of his Kentucky family and their relation to the social problems of his hometown of Middletown, Ohio, where his mother's parents moved when they were young.

A Brookings Institution report noted that *Hillbilly Elegy* was a "raw, emotional portrait of growing up in and eventually out of a poor rural community riddled by drug addiction and instability." Vance's account anecdotally confirmed the report's conclusion that family stability is essential to upward mobility.

**Film Adaptation:** A film adaptation is being developed for release in 2020. It will be directed by Ron Howard and star Glenn Close, Amy Adams, Gabriel Basso and Haley Bennett.

**The Author: James David Vance** (born **James Donald Bowman**) is an American author and venture capitalist known for his memoir *Hillbilly Elegy*. The book was on *The New York Times* Best Seller list in 2016 and 2017. It was a finalist for the 2017 Dayton Literary Peace Prize. It attracted significant attention during the 2016 election from national media as a window into the white working class.

## INVITE, WELCOME, CONNECT

Do you enjoy talking about your faith with family and friends? Do you find yourself telling your neighbors and acquaintances about the rewarding ministry in which Iona Hope engages our community? Or perhaps, you're someone who readily notices a newcomer at church gatherings and are eager to make an introduction. Maybe you find yourself going out of your way to put folks at ease or get them connected to others. If any, or all of these, describe you as you currently are, or as you'd like to be, then we need your participation as we launch a new ministry at Iona Hope called "Invite, Welcome, Connect."



I'm sure there are many at Iona Hope who agree with Parmer and have hope in the strength and vitality of the Episcopal Church in general and in Iona Hope in particular. If you are among that group, I encourage you to join those of us who have already begun exploring the *Invite, Welcome, Connect* resource and have been tasked with the job of putting it into practice in tangible and, hopefully, life-giving and life-changing ways here in Fort Myers. We will next gather as a group on Thursday, March 26th from 5 pm to 6pm.

If you'd like to hear more about this program prior to that, you can contact me at [kphart85@hotmail.com](mailto:kphart85@hotmail.com). There is also a great web resource connected to this program at [www.invitewelcomeconnect.com](http://www.invitewelcomeconnect.com). Together we can take a journey in transformation - changing the trajectory of the life of Iona Hope while also changing our lives and the lives of those in our community through intentional practices that invite, welcome and connect others to the love of Christ as expressed in our unique faith setting.

~Kathie Hart, Invite Welcome Connect Facilitator

It's time to order your Easter flowers to decorate the church. This year flowers are \$20.00 each. Please fill out the envelope with your dedication. The flowers may be picked up after the 9:30 a.m. service on Easter Sunday. The envelopes are on the table at the back of church and also in The Gathering Place. Please submit all requests by March 29th.

**If you are using the envelope in your numbered box, please remember to fill out both sides.**

Thank you for your support!

**Please print all information clearly**



## VESTRY MEMBERS - 2020

Joe Mulino            Senior Warden  
 Ray Zentis            Junior Warden  
 Deborah Prather    Treasurer  
 John Thomas        Assistant Treasurer  
 Paula Paquette     Clerk to the Vestry

### Vestry Members

Class of	Name
2021	Robin Mills
2021	Andi Jerger
2021	Debbie Prather
2022	Joe Mulino
2022	Margo Farrara
2022	Patty Ingram
2023	Bob Earl
2023	Ray Zentis
2023	Alison Kinch

# Lent:

prepare the way  
of the Lord



## Please Join Us on Facebook

Please “find us on Facebook” at <http://www.facebook.com/pages/Iona-Hope-Episcopal-Church/> Feel free to post in our group, whether you have an event to remind members of or if you just would like to express how much you enjoyed something you attended. Facebook can be great fun for sharing news and staying “in the loop” about all that’s happening around the church.



## LIFE Justice ministry

Come and support the push for affordable housing in Lee County at the Nehemiah Action. We expect City and County officials to be in attendance, and this is opportunity to show that there is power in numbers.



There will also be updates on Civil Citations and Children and Families.

What: The Nehemiah Action

When: Monday March 9, 2020 at 7:00 p.m.

Where: Dunbar High School, 3800 Edison Ave, Fort Myers, FL 33916

Who: Anyone who is interested in JUSTICE in Lee County

*Lenten Taize*

*Monday, March 2nd, 4:30pm*

*Iona Hope Episcopal Church*

## **Theology and the Movies returns for Lent!**

Join Mother Suzy on Monday nights in Lent. We will watch a movie and then have a brief discussion. Everyone is welcome, bring a friend! Monday's in March, Gathering Place at 6 p.m. Popcorn Provided!!

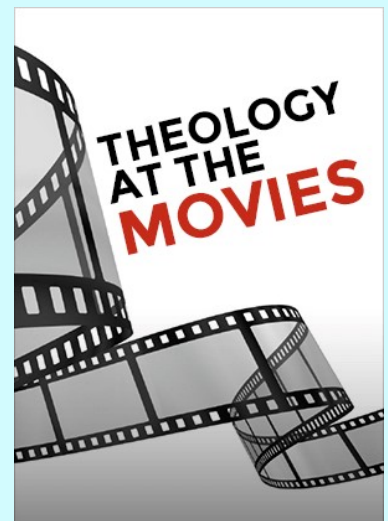
**Monday, March 2** - The Two Popes

**Monday, March 9** - The Mortal Storm

**Monday, March 16** - Risen

**Monday, March 23** - Lillies of the Field

Monday Movies in Lent!



## **Iona-Hope Quiet Days 2020**

Please mark your calendars now for the Quiet Days which will be held at Iona-Hope this coming program year. Father Ray Buchanan presents topics which relate to the seasons of the church and the seasons of our lives. Please plan to attend these very meaningful days and enjoy the opportunity to pause for a moment of quiet reflection in your busy life.

**Saturday, May 2** - Spring Quiet Day

All Quiet Days begin at 10:00 am with coffee and a light breakfast available at 9:30 am. Lunch is served at 12 noon. Quiet Days conclude at 2:00 p.m.



## GIFTS TO HONOR

A very meaningful way to thank or recognize a colleague or loved one is by permanently naming a chair in the sanctuary for them. For a cost of \$125.00 which benefits Iona Hope's ongoing facilities and other needs, you can give the gift of a chair, in memory, in celebration, in thanksgiving or to the Glory of God. In acknowledgement for your gift, a card will be sent to the appropriate person(s). For additional information, or if you have any questions, please contact the church office at 454-4778.

## How we converse with one another...

Confidentiality ▲ Discuss issues, not people ▲ Equal time (this includes listening, not debating) ▲ Freedom not to participate in conversation ▲ Speak for yourself using "I" statements ▲ One person will talk at a time/No side conversations ▲ We will begin and end on time ▲ No personal attacks/ Respect for each other ▲ Amnesty/No reprisal/ Forgiveness ▲ No one will dominate ▲ Okay to disagree but not be disagreeable ▲ Take care of your own creature comforts ▲ Name tags will be worn at all gatherings.

## Altar Flowers

Please support our method of stewardship in our congregation through the Altar Flower Program. The suggested cost for sponsoring weekend flowers is \$50.00. We now utilize beautiful silk arrangements at the altar and your cash gift is now used 100% to help the hungry.

**We have many vacancies.**

**Please pick a weekend!**

Please use the flower sign up sheet in The Adler Gathering Place.



## Ronald McDonald House of Southwest Florida

collects pop tabs instead of the entire aluminum can because the tabs are pure, high quality aluminum and are easier to store. Pull tabs are a simple way to recycle and help the House. Some interesting facts about the program:

- We receive the going rate for aluminum, which changes as the demand changes - varying from rates of 23 to 52 cents per pound on any given period.
- We average about 450 pounds every 10 days, or approximately \$234.
- Every penny helps families stay at the House -- \$10 pays for one family for one night!
- Approximately one million pull tabs = 800 pounds
- Approximately 1,430 pull tabs = one pound
- Approximately 63,360 pull tabs = 1 mile

**Please pass the word to friends, neighbors, business, etc. Please remember to drop the tabs in the designated receptacles in the church and Adler Gathering Place. For more information please call 239 437-0202 or stop by the House at 16100 Roserush Ct, Ft. Myers.**

# HAPPY BIRTHDAY

Mar 1 Robin Mills

Mar 6 Marcia Leidig

Mar 6 Gordon McIntosh

Mar 7 Nick Carrara

Mar 8 Janet Gilbert

Mar 8 James Ingram

Mar 8 Chloe Michael

Mar 8 Wes Rooker

Mar 8 Kate Ruth

Mar 14 Joslynn Wright

Mar 15 Barb Moden

Mar 17 Bridget Chaney

Mar 17 Henry Hehir

Mar 18 Pat Chamness

Mar 18 Cyndi Farmer

Mar 18 Cindy Sommers

Mar 19 Emily Young

Mar 19 Mary Birkhead

Mar 20 Joan Basil

Mar 21 Larry Hanson

Mar 24 Janet Runkles

Mar 25 Ed Paquette

Mar 25 Chase Lawton

Mar 27 Marcia Sushko

Mar 30 Michele Shepherd

Mar 31 Len Rubens

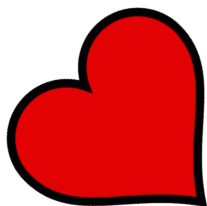
# HAPPY ANNIVERSARY

Mar 7 Mike & Kathleen Donlan

If we're missing your  
birthday or  
anniversary here, let  
us know!

Call the church office  
239 454-4778 or  
e-mail

[office@ionahope.org](mailto:office@ionahope.org)





## IONA-HOPE'S ONE MORE TIME THRIFT STORE

Our Thrift Store continues to thrive. Please remember us when you have items to donate. We accept all clothes, household goods, furniture and miscellaneous items at the back of the store Monday through Saturday from 10:00 until 3:30. Remember we cannot accept mattresses, TVs ,or computer equipment.

Check out our Facebook page to be aware of special sales. We always need people to volunteer helping to sort and price. Call Cindy at 239-489-3910 to volunteer for a 3 hour shift, either 10:00 to 1:00 or 1:00 to 4:00.

We thank you very much for your donations as the proceeds help to support our community outreach goals.

*Donations  
are greatly  
Appreciated!*

*Making a place to*  
**GATHER  
& GROW**

### ***ARE YOU READY TO SPRING AHEAD??***

A reminder that Daylight Savings Time begins at 2:00 A.M. on Sunday, March 8th. So, don't forget to set your clocks ahead one hour before turning in on the 10th or risk missing out on our wonderful Sunday morning services.



## Core Values

*All are welcome, Openness to risk,  
change and growth,  
Jesus is model  
Strong, real, personal  
relationship with Jesus  
Disciples making disciples  
Mission doing mission*

### **KEEP US UPDATED**

Please remember to keep the church office updated on any change of address, phone number, or e-mail address.



Contact the church office at 239-454-4778 or by e-mail at [office@ionahope.org](mailto:office@ionahope.org)

## THE MASON JAR

Sunday, at the Annual Meeting, the Women's Breakfast group, represented by Gail Hamlett, presented the 'Mason Jar' that we have been collecting funds in for the last nine months.

Last April we decided to keep this little jar, and each Tuesday put in a dollar or two for the little unexpected costs that always arise during a construction project. To our great surprise we raised \$496.

Any small group can do this and we would like to encourage the many different kinds of small groups who meet regularly in this church to take on this challenge.

It only requires a commitment at your weekly or monthly meetings, and, we even have jars for you! It doesn't matter how much you put in them — or even how much you collect — what matters is the Spirit of Involvement.

So, if you are up for it, take a jar and give it a try. There is a box of jars in the back of the church, please help yourselves. We have been amazed at how this has motivated an Attitude of Gratitude in all of us.



**Please continue to donate  
your old mascara wands!**

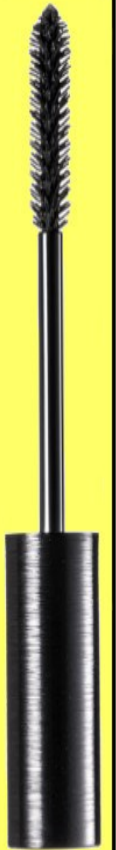
**All God's Creatures recently donated 126  
wands collected from you to**

**Wands for Wildlife®  
RECYCLE & SAVE WILD LIVES!**

**Please save your old mascara wands, wash  
them in soapy water to remove residual  
mascara, then drop them in the container  
under the All God's Creatures bulletin board  
in the Gathering Place.**

**Please do not purchase new wands.**

The program was set up to recycle and re-purpose old wands.



**USHERS  
Needed**  
VOLUNTEER TODAY

We are looking for  
welcomers and  
ushers at all 3  
services.

If you are  
interested, please  
contact the church office at 239 454 4778 or  
[office@ionahope.org](mailto:office@ionahope.org) for more information.

## BRIDGE GROUP

**Welcome back. Our northern bridge buddies are back in sunny, warm Ft. Myers. Our next meeting will be on Friday, March 27, 2020 at 12:30 pm.. As always, I will call to remind our players of the date and time. If you are interested in joining us, please call Charlie Champlin.**





**TUESDAY MORNINGS, 10:30 – Noon**

at St. Columbkille Roman Catholic Parish

**WEDNESDAY EVENINGS, 6:30 – 8 p.m.**

at Iona-Hope Episcopal Church

Starting 3/4 March 2020, ending 31 March / 1 April 2020

(five classes)

## SHORT STORIES BY JESUS

(a.k.a., The Parables)

Jesus told stories to the crowds and to his disciples that he called parables. These short stories ranged in length from a single verse to more than fifty verses (if you include the editorial comments added by the Evangelists, Matthew, Mark, Luke and John).

- **Why did Jesus speak in parables?**
- **How is a parable defined?**
- **Do the parables speak to us in the 21<sup>st</sup> century?**
- **Did 1<sup>st</sup> century Jews hear something different?**
- **Did the Evangelists editorialize on Jesus' words?**
- **Did early Christians hear the same things we hear today?**
- **Should the 1<sup>st</sup> century context impact our understanding?**
- **Is Jesus' radical message evident in the Parables?**

Our discussions will address these and other questions and issues related to the Parables. The Parables are rich with many historical insights and theological and spiritual themes which we will explore.

**WONDERFUL**  
*Wednesday*

## IONA-HOPE BOOK CLUB CALENDAR – 2020

The following books were selected at the November 2019 meeting for the upcoming year:

- |          |  |
|----------|--|
| March 20 | <b>Hillbilly Elegy</b> by J.D. Vance – 257 pages<br>Discussion Leader: Mary Jane Buster                      |
| April 17 | <b>Daughter of Fortune</b> by Isabelle Allende – 432 pages<br>Discussion Leader: Mary Jo Brown               |
| May 15   | <b>Lincoln's Last Trial</b> by Don Abrams, David Fisher - 320 pages<br>Discussion Leader: John Winters       |
| June 19  | <b>Lost Girls of Paris</b> by Pat Jenoff – 384 pages<br>Discussion Leader: Muriel Butler                     |
| July 17  | <b>Wide Awake &amp; Dreaming: Memoir</b> by Julie Flygare – 213 pages<br>Discussion Leaders: Sherry and John |
| Aug. 21  | <b>The Music Shop</b> by Rachel Joyce – 306 pages<br>Discussion Leader: Sherry Winters                       |
| Sept. 18 | <b>The Library Book</b> by Susan Orlean – 336 pages<br>Discussion Leader: Mary Beth Harper                   |
| Oct. 16  | <b>The Only Woman in the Room</b> by Marie Benedict – 256 pages<br>Discussion Leader: Trish Kyser            |
| Nov. 20  | Selection of books for 2021  |
| Dec. 18  | Holiday luncheon   |

**FREE CLASSES!**



## **Arthritis Foundation Exercise Program (AFEP)**

**Tuesdays and Thursdays 10:30am to 11:30am  
January 28 through March 19, 2020**

### **For People Living With Arthritis Stiffness & Pain**

AFEP classes are designed for adults age 60 and over to reduce arthritis pain and stiffness, build muscle around your joints, increase your energy, and prevent other health problems. These gentle exercises can be done either sitting or standing.

*Arthritis Foundation Certified.  
Doctor Recommended.*

Iona-Hope Episcopal Church,  
9650 Gladiolus Drive  
Fort Myers, FL 33908  
(239)454-4778

**CLASS SIZE LIMITED.  
REGISTER TODAY!**

Sherry Young  
Health & Wellness Coordinator  
Area Agency on Aging for SWFL  
(866) 413-5337  
sherry.young@aaaswfl.org  
www.AAASWFL.org

Funding provided by a grant for Disease Prevention & Health Promotion under the 2019 Older Americans Act Title IIIID through the Department of Elder Affairs.





**ALL  
ARE  
WELCOME**

**SUBSCRIBE TO OUR  
YouTube  
CHANNEL**

As most of you are aware we recently upgraded our Audio/Visual system in the church. The new system enables us to stream our weekend services live. We are in the process of testing this out.

In order to watch the services online you have to subscribe to Iona-Hope's YouTube channel. To do this, please visit our website and click on the link on the bottom of our homepage for more instructions.

You can also follow the instructions from our Friday email.

Once you have subscribed and enabled the notifications you will then receive alerts when the services start.



Have you always wanted to learn to knit or crochet? Come and we will teach you. We will supply the yarn and needles and patterns!

Everyone is welcome. We have members who are not members of our church, and members who can not attend the meetings, but send us their completed projects.

We meet every Friday from 10-12 (except Summer time) here at Iona Hope and we'd love to have you join us.

**May God's grace be upon this shawl...**

**warming, comforting, enfolding and embracing.**

**May this mantle be a safe haven...**

**A sacred place of security and well-being...**

**sustaining and embracing in good times as well as difficult ones.**

**May the one who receives this shawl be cradled in hope, kept in joy, graced with peace, and wrapped in love.**



## A Free Resource Seminar For Seniors



### SENIORS AGING IN PLACE

**March 19th 11:30 am-2 pm**

Hosted by Peace Lutheran Church-South Fort Myers Senior Center

15840 McGregor Blvd, Fort Myers, 33908

**Lunch is provided -Space is limited-RSVP Required**

**For more information or to RSVP call (239) 437-2599**

If you are caring for a senior, or are a senior yourself, seeking information about resources available to you in the South Fort Myers area, this seminar will be very beneficial for you.

Fitting the  
Pieces



Our guest panel of professional Senior Aging Specialists will discuss such topics as:

The need and development of the new Peace Lutheran—South Fort Myers Senior Center; options for home health care/day care; respite; community resources available for Alzheimer’s and related dementias; safety programs for elderly; visual impairment resources; Senior placement decisions; financial planning issues; Senior Law and correct legal documents; food resources for the elderly; issues concerning how to pay for services; Medicare/Medicaid issues; benefits/resources available; navigating the medical/insurance system for seniors and more

*There will be time for questions, plenty of literature and resource information available*

**WE WANT YOU TO BE INFORMED SO YOU DON'T HAVE TO  
BE 'PUZZLED' ABOUT YOUR FUTURE!!**





# SHINING OUR LIGHT

## Faith-Filled Generosity

Taking “hold of the life that really is life” is something to which we can all aspire. That is a life filled with generosity based on our faith in a God who is generous in all things.

Our Stewardship theme for 2020 is a call to each one of us to be “generous and ready to share” so that our futures are secure and our lives are worth living. We will be opening our hearts to the message from God, who piles on all the riches we could ever manage – to do good, to be rich in helping others, to be extravagantly generous, gaining life that is truly a blessing.

Please join us during this year as we explore those opportunities to provide and serve within and around our community.

## Women’s Breakfast Group—

We would love to have you join us at Eggcetera on 16230 Summerlin Road Tuesday mornings at 8:30 A.M. We have such a wonderful time, good conversation and great fellowship. It’s a great way to start the day. Please join us. Just come, no need for a reservation or any preparation. If you like, read the day’s Forward Day by Day selection. We look forward to having you.

## Men’s Breakfast Club

Just a reminder: The Men’s Breakfast Club is meeting every single Thursday at 8:30 A.M. at Eggcetera on 16230 Summerlin Road – solving the problems of the world and having a few laughs. We are eating breakfasts our wives and significant others won’t allow us to have at home.

Attendance

Donations

# Thank You!

To everyone who supported our  
5th Annual Mardi Gras  
Charity Dinner & Auction.

Because of your generosity, we are  
able to give Hope Kids Care a substantial  
gift to help carry out their work.

Sponsorships



Volunteers



### Fats, Oils & Sweets

- Jelly and jam, Honey
- Sugar
- Mayonnaise
- Vegetable oil
- Syrup
- Salad dressing

### Milk, Yogurt & Cheese

- Infant formula
- Powdered milk
- Instant breakfast drinks
- Canned and boxed pudding

### Meat, Poultry, Fish, Dry Beans & Nuts

- Canned Tuna, Canned Chicken
- Canned Beef Stew
- Bean soups
- Canned or dried beans, Baked beans
- Canned Chili
- Peanut Butter
- Canned Nuts

### Vegetables

- Canned Vegetables, Vegetable Soup
- Canned Tomato products
- Spaghetti Sauce
- Baby Food Vegetables
- V-8 Juice

### Fruits

- Canned Fruit, Raisins, Applesauce
- Dried Fruits
- Baby Food Fruit
- Fruit Leather (100% fruit)
- Canned & Boxed 100% Juice

### Bread, Cereal, Rice & Pasta

- Rice and rice mixes
- Canned Pastas
- Noodle mixes, Dry noodles and pastas
- Macaroni and Cheese Mix
- Cold Cereals
- Bran Cereal Shredded Wheat
- Infant Cereal
- Hot Cereal Mixes, Oatmeal
- Bread & Muffin Mixes
- Pancake Mix
- Whole-Grain Crackers
- Granola Bars
- Graham Crackers
- Flour







# KEEP CALM AND GO THRIFT SHOPPING

The Iona-Hope One More time Thrift Store provides affordable quality clothing, shoes and accessories, housewares, furniture, Knick knacks, books, works of art and more. Proceeds from the store benefit many organizations in our local area.

The thrift shop is run by an active group of dedicated volunteers. The shop is always seeking volunteers who can commit at least three and a half hours a week to help with a list of various tasks.

Our Thrift Shop accepts donations of gently-used items.

We always need people to volunteer helping to sort and price. Call Cindy at 239-489-3910 to volunteer for a 3 hour shift, either 10:00 to 1:00 or 1:00 to 4:00.



## **What is AmazonSmile?**

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop at no cost to you. When you shop at [smile.amazon.com](https://smile.amazon.com), you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to your favorite charitable organization. You can choose from over one million organizations to support.

## **How do I shop at AmazonSmile?**

To shop at AmazonSmile simply go to [smile.amazon.com](https://smile.amazon.com) from the web browser on your computer or mobile device. You may also want to add a bookmark to [smile.amazon.com](https://smile.amazon.com) to make it even easier to return and start your shopping at AmazonSmile.

## **Can I use my existing Amazon.com account on AmazonSmile?**

Yes, you use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

## **How do I select a charitable organization to support when shopping on AmazonSmile?**

On your first visit to AmazonSmile [smile.amazon.com](https://smile.amazon.com), you need to select a charitable organization to receive donations from eligible purchases before you begin shopping. We will remember your selection, and then every eligible purchase you make at [smile.amazon.com](https://smile.amazon.com) will result in a donation.

## **How much of my purchase does Amazon donate?**

The AmazonSmile Foundation will donate 0.5% of the purchase price from your eligible AmazonSmile purchases. The purchase price is the amount paid for the item minus any rebates and excluding shipping & handling, gift-wrapping fees, taxes, or service charges. From time to time, we may offer special, limited time promotions that increase the donation amount on one or more products or services or provide for additional donations to charitable organizations. Special terms and restrictions may apply. Please see the relevant promotion for complete details.



## CHURCH LIFE

If you have access to an android phone, I-phone, computer or tablet you can download the church life app. With ACS Church Life™, you have instant access to the contacts and events in Iona-Hope's Access ACS™ databases anytime, anywhere, from your mobile phone, tablet or computer. You can

- ◆ View more member profile data with additional fields and better photo viewing.
- ◆ Look up phone numbers, addresses, and emails for each person in our church directory database.
- ◆ Look up your contribution records and access your statements.
- ◆ Easily add contact information to your phone's contact list.
- ◆ Send a text or call a contact while viewing their information from within Church Life™.
- ◆ Pull up directions and a map for home visits.

This is totally confidential and you will need a username and password to access this program. Please call Marnie in the church office if you would like to set up access to this program or click on the direct link in our Friday email.



### What Service do you go to?

Typically, this is one of the most frequent sayings when you meet someone at church for the first time.

Iona-Hope is in the process of updating our parishioner records and we would like this information to be part of our published directory.

Please contact the church office or email [office@ionahope.org](mailto:office@ionahope.org) with your name and the service time you attend and we can begin updating our records.

Wed. 9:30 a.m.    Sat. 5:00 p.m.    Sun. 8:00 a.m.  
Sun. 9:30 a.m.



# JOIN US BECOME A MEMBER

## **I Want To Be A Member of Iona-Hope**

One of the great joys of ministry at Iona-Hope is when you approach us and say that you want to become a member. Membership in The Episcopal Church can seem a bit complicated, but we assure you that there is a place for you as a member.

### **Types of Membership**

**Prospect:** This means that you have not indicated a desire to be a member. If you have completed a yellow card and/or made a financial contribution, you will be listed as a prospect and be placed in our parish directory.

**Baptized Member:** If you were baptized in another church or denomination that baptizes in the name of the Trinity, you can register with Iona-Hope as a baptized member. This membership indicates that you want this to be your spiritual home. It is hoped (not required) that all adult baptized members will be confirmed.

**Confirmed Communicant:** If you were confirmed by a bishop in The Episcopal Church you can transfer your membership to Iona-Hope as a confirmed communicant. Additionally, if you were confirmed by a bishop in the Roman Catholic or Evangelical Lutheran Churches, you can be received as a confirmed communicant by a bishop in The Episcopal Church. Confirmed communicants are full members who have made a “mature commitment to Christ” with laying on of hands by the bishop. You have voting privileges and can stand for election to the vestry.

**Sojourner:** This is a special category for Iona-Hope and includes people who want to maintain their membership at another congregation but make Iona-Hope their spiritual home while in Fort Myers. You may be a prospect or member, according to the categories above.

We hope that this information is helpful to you. Mother Suzy and Fr. Ray are happy to talk with you about membership at Iona-Hope. If you have not been baptized and want to consider this, please be in touch with us. You can call us at 239-454-4778.

Ray+

# ***COLUMBARIUM INFORMATION***

## ***What is a columbarium?***

A columbarium is a structure that is comprised of a group of compartments (known as “niches”) designed to repose cremation urns. Each niche can accommodate two urns.

The columbarium is retained within a wall (known as a housing structure) that is constructed of building materials complementary to the existing architecture of the church, allowing the project to look as if it is an intended part of the physical plant.

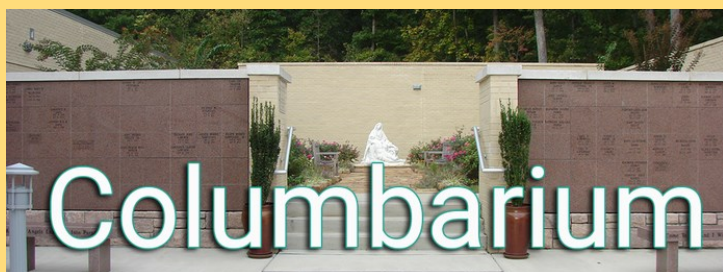
## ***What are the benefits of a church columbarium?***

Creating a columbarium ministry at Iona-Hope will allow us to fulfill the centuries-old obligation of serving from baptism to death. As the rite of baptism welcomed members into the church community, the centuries-old rite of Christian burial offered congregants a final homecoming and provided comfort to the living, with the knowledge their loved ones were near their spiritual gathering place. A columbarium will revive this churchyard tradition.

- It is a visible sign that the church cares for its members.
- It provides comfort to the family having a memorial to their deceased loved ones at the church.
- It provides a more favorable option as compared to other methods – it is economical, theologically sound and environmentally friendly.
- Offers a convenient way to handle pre-need concerns, relieving the surviving family of difficult decisions.

In addition to meeting these needs a columbarium ministry will strengthen ties between church and family. Family members are more likely to maintain their connection to the church, as visitations are now made easier. No longer will they have to pack up the station wagon and drive to a secular, often distant cemetery to visit a loved one’s final resting place. The family can visit and reflect before or after service.

This ministry unites the church, both past and present. Those who have come before us are once again part of the church and the entire community of faith can join in celebrating Christmas service, Easter sunrise service, weekly Sabbath services as well as weddings and other significant events.



More information and pricing will be announced in future bulletins and newsletters.





Walking into a doctor's office or hospital can be intimidating. When we go armed with the right tools and frame of mind, we can walk out of that appointment or hospital stay feeling more confident and satisfied. Taking charge of our own health care can play an important role in both the quality and accuracy of our care. Whether a patient at a clinic office, seeing a general practitioner for a checkup or

visiting a specialist or hospital for a more serious reason, keep these tips in mind:

**Know your history.** Don't skimp or be secretive when telling your healthcare provider your family and health history. Instead of trying to remember everything each time you visit a new doctor, make a list of your major medical history and your family's history and keep it in a file. Bring this information with you to new doctor's appointments.

**Know your medications and supplements.** Have a list of your medications *and supplements* on hand or bring the bottles with you to your appointment. Include everything you take, both prescription medications and all over the counter meds and supplements. Know why you are taking each drug. A good web-site to learn more about your meds is [www.drugs.com](http://www.drugs.com).

**Research your doctors.** Learn about your doctor. There are websites that list information about doctors, as well as reviews from patients. Establish a primary care provider, a doctor or Nurse Practitioner. This provider becomes the focal and starting point for all of your health care, a referral base should you require a specialist or diagnostic tests. Check out: <http://www.healthgrades.com>, <http://www.vitals.com>, <http://www.ucomparehealthcare.com> and <http://www.ratemds.com>.

**Ask questions!** This is the most important tip when it comes to your health. Don't be afraid to ask any and every question. Make a list of questions ahead of time and jot down notes during your visit. You have a right to know and a right to be informed. If you forget something, don't hesitate to give them a call back.

**Keep copies of your records.** Ask for copies of your test results and lab reports, keep them in your file. If your provider offers an online patient portal, establish your account for easy access to all of your medical history and results.

**Bring a friend.** Having a friend or family member with you not only provides mental and emotional support, but they can also help you ask the right questions and remember important aspects of your appointment. If you do bring a friend or family member, ask them to take notes while you listen to the doctor.

**Get a second opinion.** This is especially important if you were assigned an aggressive treatment plan such as surgery or long-term medication use. If you are at all uncertain, consult another doctor or specialist to be sure your diagnosis is accurate and the treatment is necessary.

**Complete your health care directive.** A valid health care directive is vital for everyone, no matter their age. A health care directive makes your health care wishes known to family, to physicians caring for you and to emergency medical personnel. Learn more about what health care directives are all about at <https://www.mayoclinic.org/healthy-lifestyle/consumer-health/in-depth/living-wills/art-20046303>. Ask your health care provider for health directive forms and for assistance in completing them if needed.

Our health care is ultimately in our own hands. Being prepared and armed with the right tools can reduce the stress which naturally comes with entering an ever changing and complicated health care system.

Be well, Julie V. [parishnurse@ionahope.org](mailto:parishnurse@ionahope.org)

**A note from our parish nurse, Julie Vergin-**

**We are grateful for each of you that serve and assist with our worship services, we depend on your participation. That being said, there are days when the baton should be passed. If you have a scratchy throat, cough, or other overt “flu and cold like” symptoms we ask that you hand off your responsibility for that service. Many are willing and you will not be letting anyone down by stepping back for the day. Our goal is to minimize everyone's exposure to communicable illness as best we can.**

**Thank you, and good health!**



<b><u>PRAYER GROUP—Wednesday, March 4th</u></b>	<b><u>Wednesday, March 4th</u></b>
Prayer Group meets the first Wednesday of every month at 9 - 9:30 a.m. in the Church.	Please remember our Wednesday morning service of healing and communion continues each Wednesday morning at 9:30 a.m. at the back of the Church by the River
Everyone is welcome. If you have a prayer request that you would like the group to include in their prayers, please let the office know or Mother Suzy.	Jordan. This is a smaller, quieter more intimate service that offers healing prayers and communion.



## Home and Hospital Visits

A reminder to everyone, If you are admitted to a Lee Memorial hospital and wish a visit from the clergy, at registration, make sure that they list you as Episcopalian, Iona-Hope Episcopal Church. Please call, or have someone else call to notify our office as soon as possible at 239-454-4778. If you are unable to do this, unfortunately we don't have a way of knowing you are in the hospital.

Also, if you are home and unable to attend Church, or know someone who is ill at home, and would like to have a visit and communion, please call the Church office and they will let the clergy and the pastoral care team know and we'll schedule a visit.

Spiritual support is important in the healing process and you are important to us. We are happy to visit, pray and offer the sacraments. We welcome requests for prayers even if you prefer not to have a visit. Just call or e mail the office at 239-454-4778 or [office@ionahope.org](mailto:office@ionahope.org)

# A little bit about Lent -

Lent (Latin: “Quadragesima”: *Fortieth*) is a solemn religious observance in the Church calendar that begins on Ash Wednesday and ends approximately six weeks later, before Easter Sunday. The purpose of Lent is the preparation of the believer through prayer, doing penance, repentance of sins, almsgiving and atonement, and self-denial. This event is observed in the almost all Anglican, Eastern Orthodox, Lutheran, Methodist and Roman Catholic Churches. There are traditionally 40 days in Lent; these are marked by fasting, both from foods and festivities, and by other acts of penance.

## Why do we omit the Gloria and Alleluia and Veil the Cross and other Religious images in purple?

The *Gloria*, which is usually said or sung during Church services, is omitted on the Sundays of Lent. The Church associates the *Alleluia* with joy and omits it entirely throughout Lent, not only at Sunday services, but also outside the liturgy.

In certain Church’s, including the Episcopal Church, religious objects were veiled for the entire 40 days of Lent. Some choose to veil the Cross and religious objects after Palm Sunday through Holy Week, in preparation for the celebration of Easter. Many parishes cannot afford purple fabrics, and resort to either removing the statues altogether or, if too heavy or bothersome, turned the statues to face the wall. The violet color has evolved as a color of penance and mourning. In parishes that could afford only small quantities of violet fabrics, only the heads of the statues were veiled. If no violet fabrics could be afforded at all, then the religious statues and images were turned around facing the wall. The hangings are changed to the color purple and flowers are also removed as a sign of solemn mourning and in keeping with the passage from the Gospel of John in which Jesus “hid himself” from the people.

Coming next month, the tradition and practices during Holy Week.



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# STAFF

The ministry of the people at Iona-Hope is supported by the church staff:

The Rev. Ray Buchanan, *Rector*  
 The Rev. Suzy Post, *Associate Priest*  
 Mr. Loren J. Strickland, *Music Director*

Ms. Marnie Ike, *Office & Financial Administrator*

Ms. Cyndi Farmer, *Office*

Ms. Christine Shirley & Mr. Tim Capel,  
*Musicians*

## PLEASE MARK YOUR CALENDARS

The next meeting of the Vestry will be Tuesday, March 10th at 5:00 P.M.



### ALL ARE WELCOME

Finance Team Meeting will be on Tuesday, March 10th at 11:30 a.m.

#### Small Groups:

#### Leaders:

#### E-mail Address:

Acolytes	Suzy Post	suzypost@ionahope.org		
Al-Anon		office@ionahope.org	Alcoholics Anonymous	office@ionahope.org
All Gods Creatures	Nancy Buchanan	nbuchanan01@gmail.com		
Alltar Guild	Robert Hunt	bobhunt56@msn.com		
Book Club	Sheryl Winters	sherylwinters@comcast.net		
Bridge Club	Diane Shorey	fshorey@aol.com	& Charlie Champlin	bcchamplin64@gmail.com
Caregivers Connect	Julie Vergin	ridgeroll@hotmail.com	& RuthAnn North	rsnort23@yahoo.com
Choir	Loren Strickland	stricklandlj@hotmail.com		
Children's Ministries	Barbra Bowman	barbarab9192@gmail.com		
Community of Hope	Ruth Ann North	rsnort23@yahoo.com		
Friday Faithful	David Rauppis			
Gladiolus Food Pantry	Suzy Post	suzypost@ionahope.org		
Greeters/Ushers	Ken Ingram	jingram05@gmail.com		
Healing Ministry	Gail Hamlett	gail.hamlett@gmail.com		
Hospitality	Ardis Uberti	ardisub@gmail.com		
Invite Welcome Connect	Kathie Hart	kphart85@hotmail.com		
Justice Ministry	Steve Walsh	connieandsteve33@verizon.net	& Gail Hamlett	gail.hamlett@gmail.com
Men's Breakfast Club	Ray Zentis	ray@rayzentis.com		
Office Angels	Bill Shaw	wshaw3146@gmail.com		
Parish Nurse	Julie Vergin	ridgeroll@hotmail.com		
Pastoral Ministry	RuthAnn North	rsnort23@yahoo.com		
Quad Squad	Nancy Martins	nancygmartins@gmail.com		
Readers	Marnie Ike	office@ionahope.org		
Shawl Ministry	Connie Walsh	connieandsteve33@verizon.net		
Spanish Class	Melida Escobar	meliescob@aol.com		
Spirituality	Paula Paquette	paulapaquette@aol.com		
Supper Club	Ardis Uberti	ardisub@gmail.com		
Technology	Michael Cunningham	mjrenewal@yahoo.com		
Thrift Shop	Eileen Carrara	encarl@comcast.com		
Women's Breakfast	Gail Hamlett	gail.hamlett@gmail.com		
Wonderful Wednesday-Adults	Bruce George	bfjegeorge@comcast.net		

